

Walks Around St Hilary

– South Circular –

11.1 miles – 4.2 hours – Strenuous – 1 pub stop

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| Overview | This is the longest walk in the series and, although St Hilary is the highest point of the walk, there is over 1,000 feet of ascent. There are three distinct sections. Tracks and woodland to Llanblethian, then fields and little used paths and roads to Flemingstone and Llanbethery and finally a quiet country lane back to the village. There's no pub along the route, so the Bush is the place to aim for! |
| Distance | 11.1 miles |
| Time | 4.2 hours (brisk pace without stops) |
| Route | St Hilary – Llanblethian – Llandough – St Mary Church – Flemingston – Llanbethery – St Hilary |
| Pub stops | Start and Finish (Bush Inn) |
| Terrain | A good track from the Bush down to New Beaupre, then a large flat meadow field to Llanblethian. A good path through rising fields to Llandough before dropping down and then a short climb to St Mary Church. A mixture of country lanes and fields following the Millennium Trail to Flemingstone and beyond to Llanbethery, with lovely views along Llanbydderi Moor. Finally, country lanes through Treguff back to St Hilary. |

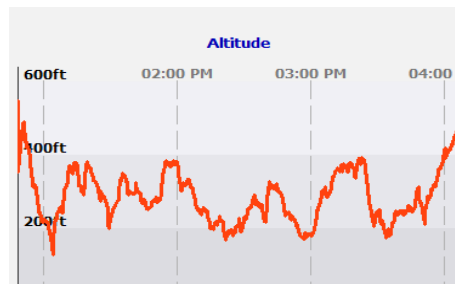
Map
Explorer 151
1: 25,000

Start and finish
grid reference:
ST 016733

A map is highly
recommended for
this walk

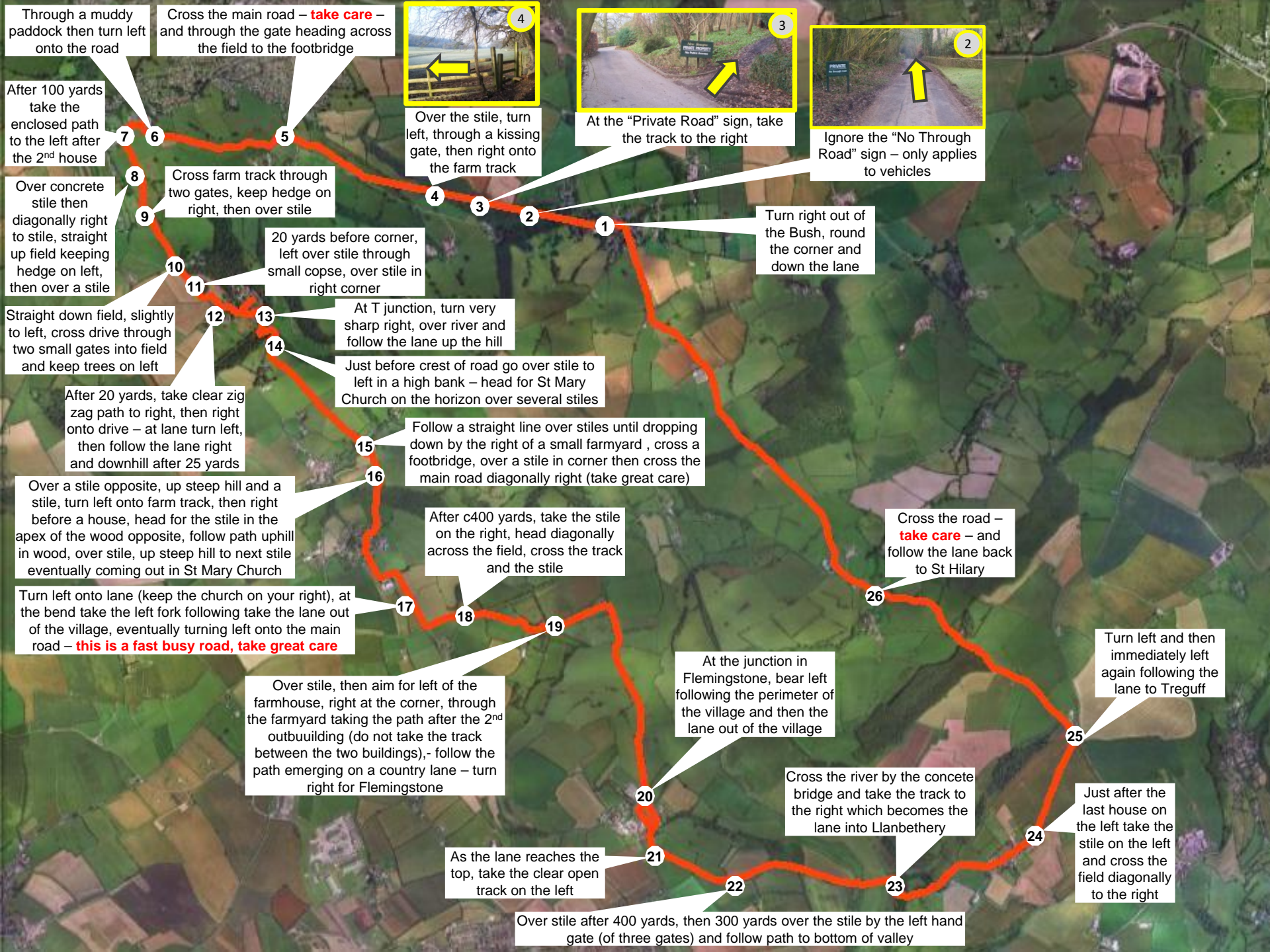


**Height Gain and
Altitude**



Start and finish: 420 feet
Highest point: 420 feet
Lowest point: 130 feet

About 290 feet between highest and
lowest points
About 1,300 feet height gain in total



Through a muddy paddock then turn left onto the road

Cross the main road – **take care** – and through the gate heading across the field to the footbridge



Over the stile, turn left, through a kissing gate, then right onto the farm track



At the “Private Road” sign, take the track to the right



Ignore the “No Through Road” sign – only applies to vehicles

After 100 yards take the enclosed path to the left after the 2nd house

Over concrete stile then diagonally right to stile, straight up field keeping hedge on left, then over a stile

Cross farm track through two gates, keep hedge on right, then over stile

20 yards before corner, left over stile through small copse, over stile in right corner

Turn right out of the Bush, round the corner and down the lane

Straight down field, slightly to left, cross drive through two small gates into field and keep trees on left

At T junction, turn very sharp right, over river and follow the lane up the hill

Just before crest of road go over stile to left in a high bank – head for St Mary Church on the horizon over several stiles

After 20 yards, take clear zig zag path to right, then right onto drive – at lane turn left, then follow the lane right and downhill after 25 yards

Follow a straight line over stiles until dropping down by the right of a small farmyard, cross a footbridge, over a stile in corner then cross the main road diagonally right (take great care)

Over a stile opposite, up steep hill and a stile, turn left onto farm track, then right before a house, head for the stile in the apex of the wood opposite, follow path uphill in wood, over stile, up steep hill to next stile eventually coming out in St Mary Church

After c400 yards, take the stile on the right, head diagonally across the field, cross the track and the stile

Cross the road – **take care** – and follow the lane back to St Hilary

Turn left onto lane (keep the church on your right), at the bend take the left fork following take the lane out of the village, eventually turning left onto the main road – **this is a fast busy road, take great care**

Over stile, then aim for left of the farmhouse, right at the corner, through the farmyard taking the path after the 2nd outbuilding (do not take the track between the two buildings), - follow the path emerging on a country lane – turn right for Flemingstone

At the junction in Flemingstone, bear left following the perimeter of the village and then the lane out of the village

Turn left and then immediately left again following the lane to Treguff

Cross the river by the concrete bridge and take the track to the right which becomes the lane into Llanbethery

Just after the last house on the left take the stile on the left and cross the field diagonally to the right

As the lane reaches the top, take the clear open track on the left

Over stile after 400 yards, then 300 yards over the stile by the left hand gate (of three gates) and follow path to bottom of valley

Circular and Other Walks in and around St Hilary

This is one in a series of walking guides based on and around St Hilary

The Walks

Circular Walks

West – 6.4 miles

Aberthin / Cowbridge / Llanblethian

South East – 9.1 miles

Llantrithyd / Llanccarfan / Treguff

North West – 10.8 miles

Llansannor / Penllyn / Cowbridge

South West – 7.7 miles

Llanblethian / Siginstone / Llandough

North East – 8.6 miles

Llantrithyd / Hensol / Stalling Down

North – 3.8 miles

St Hilary Down / Stalling Down

South – 11.1 miles

Llanblethian / St Mary Church /
Flemingstone / Llanbethery

Routes between St Hilary and Cowbridge

via New Beaupre

via Roman Road

via The Downs

via Llanblethian

Points of Interest

Old Beaupre Castle

Coed Hills Rural Art Space

The Clump

Disclaimer: you undertake these walks at your own risk

Web site: All these walks are available as a download from the St Hilary website:
www.sthilary.org.uk ⇒ local walks and maps

The best map for all the walks is the Ordnance Survey's Explorer 151

Boots are advisable. Most walks involve stiles. The ground can be soft / muddy when wet. Long trousers are recommended at all times of year, as some stiles can be overgrown. Secateurs are very occasionally useful to cut back the occasional bramble.

Take great care when crossing roads and on the lanes

