

St Hilary South West Circular Walk

7.7 miles – 2.8 hours – Moderate – 2 pub stops

SW

Overview

Quiet valley track, meadowland, the byways of Llanblethian, a hidden ridge, the Victoria Inn in Signinstone, the splendour of Plas Llanmihangel and Church, the lanes of Llandough, Herbs in Wales then a peaceful vale walk back to the Bush Inn – and a well earned pint

Note: there is a 100 yard stretch of walking on a very busy, fast and narrow country lane where there is no verge. Great care is needed.

An alternative route is suggested.

Distance

7.7 miles

Time

2.8 hours (brisk pace without stops)

Route

St Hilary – New Beaupre – Llanblethian – Signinstone – Llanmihangel – Llandough – New Beaupre – St Hilary

Pub stops

Start and Finish: Bush Inn
Signinstone: Victoria Inn

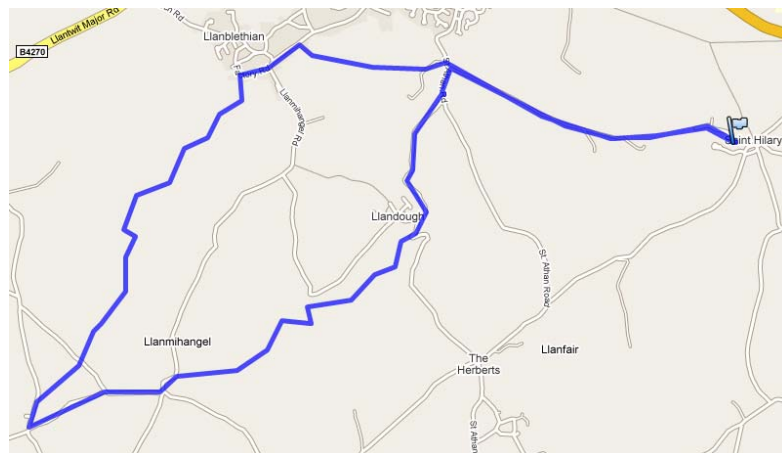
Terrain

All well marked lanes, tracks and paths
Gentle uphill at finish
Minor boggy factor if very wet

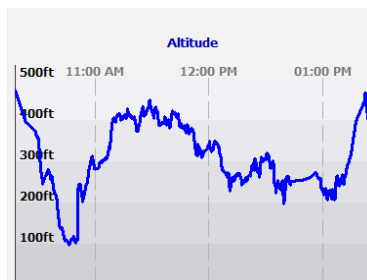
Map

Explorer 151
1: 25,000

Start and finish
grid reference:
ST 016733

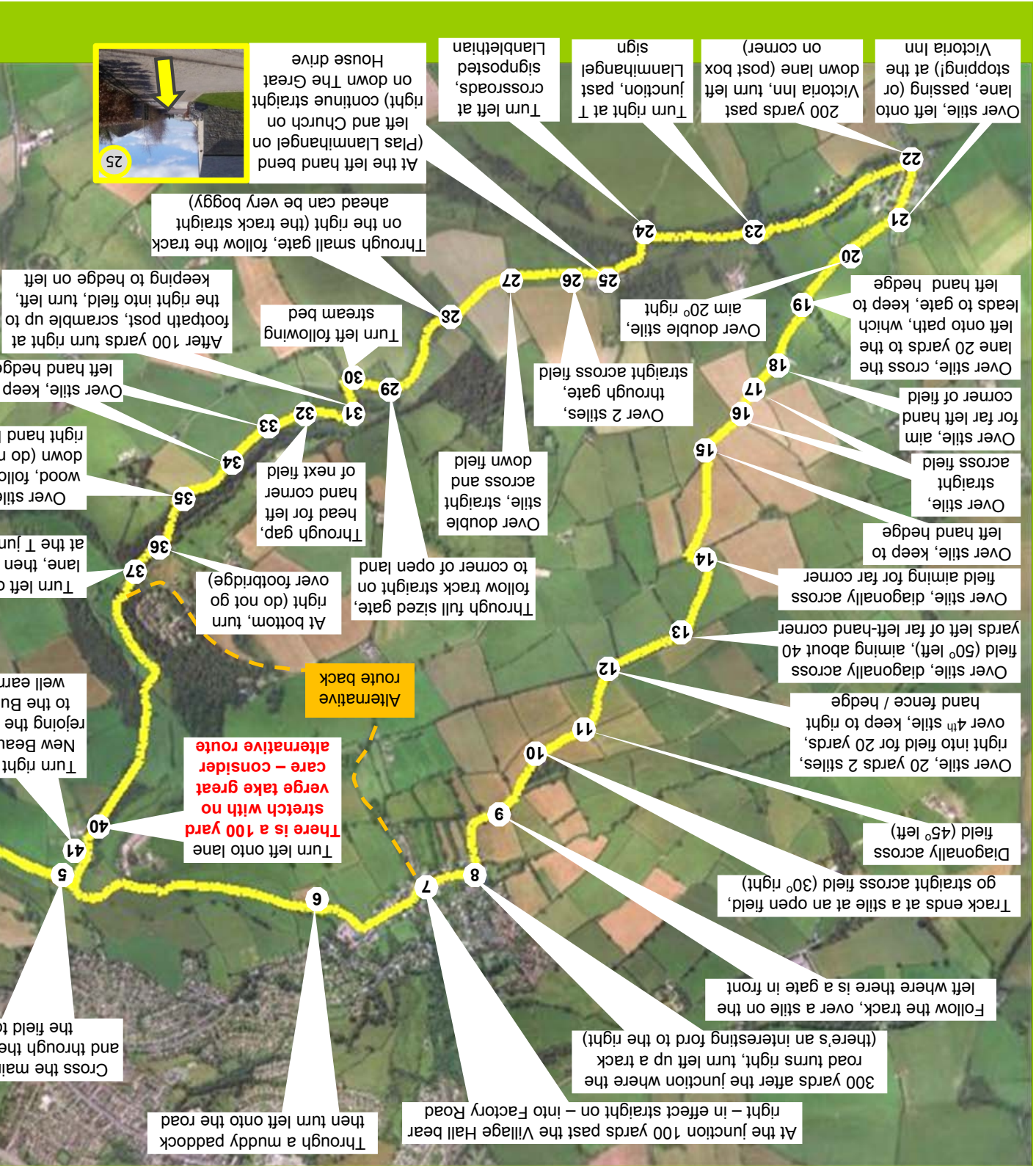


Height Gain and Altitude



Start and finish: 420 feet
Highest point: 420 feet
Lowest point: 100 feet

About 320 feet between highest and lowest points
About 600 feet height gain in total



At the junction 100 yards past the Village Hall bear right - in effect straight on - into Factory Road

300 yards after the junction where the road turns right, turn left up a track (there's an interesting ford to the right)

Follow the track, over a stile on the left where there is a gate in front

Track ends at a stile at an open field, go straight across field (30° right)

Diagonally across field (45° left)

Over stile, 20 yards 2 stiles, right into field for 20 yards, over 4th stile, keep to right hand fence / hedge

Over stile, diagonally across field (50° left), aiming about 40 yards left of far left-hand corner

Over stile, diagonally across field aiming for far corner

Over stile, keep to left hand hedge

Over stile, aim for far left hand corner of field

Over stile, cross the lane 20 yards to the left onto path, which leads to gate, keep to left hand hedge

Over double stile, aim 20° right

Over 2 stiles, through gate, straight across field

Over double stile, straight across and down field

Turn left following stream bed

After 100 yards turn right at footpath post, scramble up to the right into field, turn left, keeping to hedge on left

Through small gate, follow the track on the right (the track straight ahead can be very boggy)

At the left hand bend (Plus Llanmihangel on left and Church on right) continue straight on down The Great House drive

Turn left at Llanblethian crossroads, signposted, Llanmihangel

Turn right at T junction, past Llanmihangel sign

200 yards past Victoria Inn, turn left down lane (post box on corner)

Over stile, left onto lane, passing (or stopping!) at the Victoria Inn

Turn left onto lane
There is a 100 yard stretch with no verge take great care - consider alternative route

Alternative route back



Circular and Other Walks in and around St Hilary

This is one in a series of current and planned walking guides based on and around St Hilary

The Walks

Circular Walks

West – 6.4 miles
Aberthin / Cowbridge / Llanblethian

South East
Treguff / Llantrithyd

North West
Llansannor / Penllyn / Cowbridge

South West – 7.7 miles
Llanblethian / Siginstone / Llandough

North East
Llantrithyd / Hensol / Stalling Down

Routes between St Hilary and Cowbridge

via New Beaupre

via Roman Road

via The Downs

via Llanblethian

Points of Interest

Old Beaupre Castle

Coed Hills Rural Art Space

The Clump

Disclaimer: you undertake these walks at your own risk

Web site: All these walks will be available, as they are prepared, as a download from the St Hilary website: www.sthilary.org.uk ⇒ local walks and maps

The best map for all the walks is the Ordnance Survey's Explorer 151

Boots are advisable. Most walks involve stiles. The ground can be soft / muddy when wet.

Take great care when crossing roads and on the lanes

